Rhithm™

Student & Family Introduction to Rhithm

Our district is excited to announce the use of the Rhithm app as a part of our commitment to supporting whole child development. Rhithm will help us better understand each student's learning readiness and respond to social and emotional needs.

WHAT IS THE RHITHM APP?

The Rhithm app is a daily check-in tool that provides responsive support for students in just 3-5 minutes. Students respond to five questions around Mental, Energy, Emotional, Physical, and Social wellness, then engage in brief well-being related activities that are tailored to student needs, build social-emotional skills, and help students get ready to learn.

HOW CAN I ACCESS THE RHITHM APP?

Rhithm uses Google Classroom for easy student access whether at school or at home. In addition to classroom use, students can access the Rhithm activities during evenings and weekends.

Step 1: Visit Rhithm.app

Step 2: Click "Login" in the Top Right Corner

Step 3: Click "Login with Google" and Complete Fields

WHAT IS THE RHITHM PRIVACY POLICY?

Rhithm does not share student data with anyone, including marketers. Rhithm has strict internal data governance policies and hosts data on private, HIPPA compliant dedicated servers with the highest security levels. The app, along with all Rhithm business policies, are structured to be FERPA compliant. View Privacy Policy

HOW CAN I LEARN MORE ABOUT RHITHM? (PARENT INFO and OPT OUT)

View this parent video for more information: English, Spanish
Additional information and access to the activities can be found at:
https://rhithm.app/parent-faq/